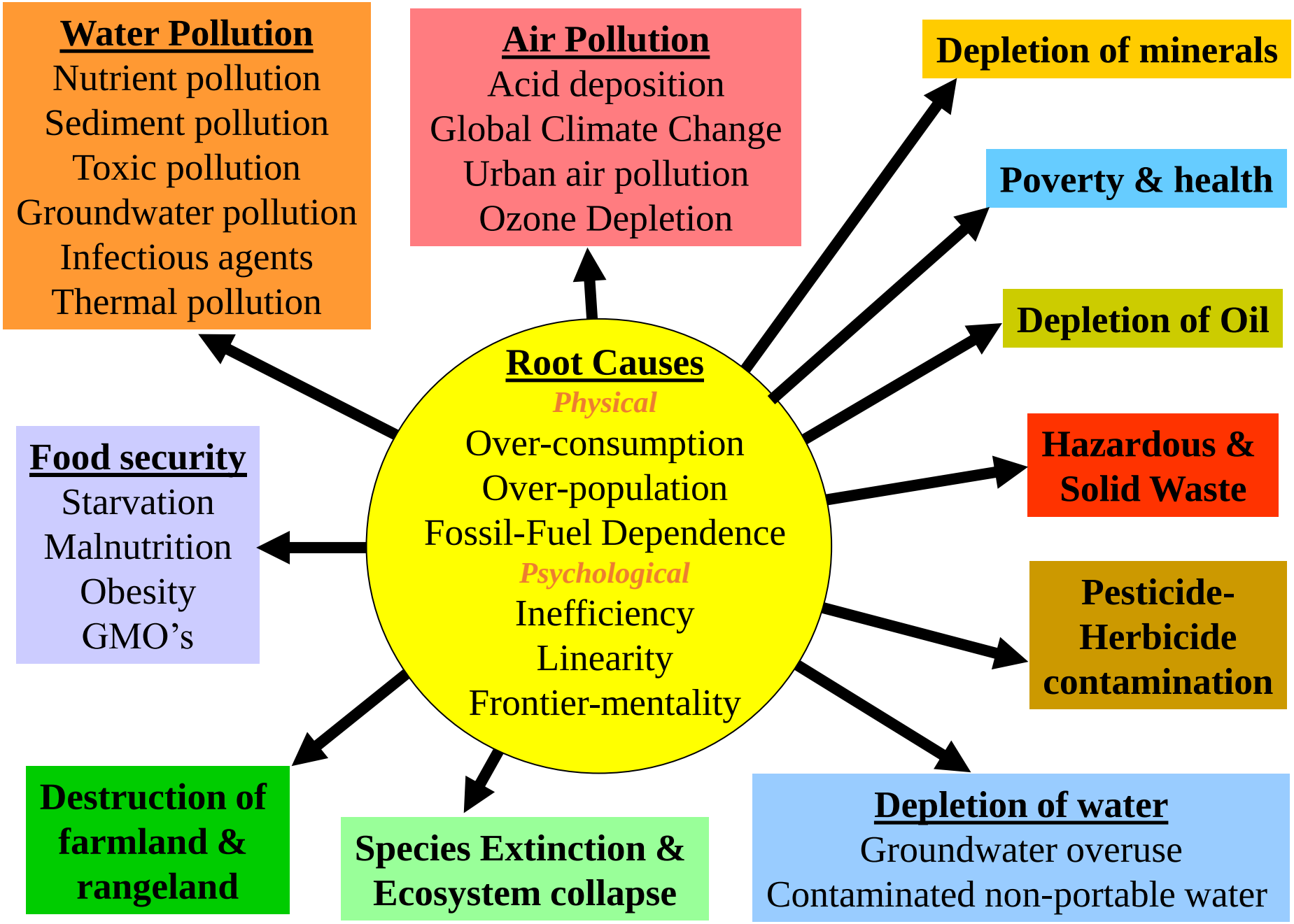

Adapted from Chiras, 1992, *Lessons in Sustainability*